

## Access Statement For Safe Haven, Aberporth

### **Pre-Arrival**

The centre of the village of Aberporth is a short walk away; amenities include a General Stores, Hairdresser, Launderette, Ironmongers, Chemist, Art Gallery and Café. There is also a good Chinese Takeaway, Fish & Chip shop, a pub and other eateries within easy walking distance as well as a church and a chapel with regular Sunday services. There are two RADAR key operated toilets in the village.

The town of Cardigan is a few miles away and has a Shopmobility scheme; shops here include Tesco (with Home Delivery), Aldi, WH Smith, Boots, and many smaller individual shops. Cardigan Hospital has a Minor Injuries Unit.

There are three RADAR key operated toilets in the town. There is a market hall and car boot sales are held regularly in the area over the spring and summer months.

There is excellent Mobile phone reception

There is Free Wifi & Netflix at Safe Haven

### **Arrival & Car Parking Facilities**

There is off road parking for two cars directly in front of the property on a tarmac drive with easy, level access to the main entrance. There is good side and rear access to a vehicle once it is parked. The tarmac drive merges into a dropped curb with access onto the quiet road. There is an automatic outside light. The property is available from 4pm on the day of arrival.

### **Main Entrance & Reception**

The entrance is a large wide double glazed doorway with low threshold and no step for ease of wheelchair access. A magnetic doorstop holds the door open while you enter.

There are electric sockets in the hallway where you can charge up your wheelchair/battery/scooter equipment if necessary. There is a WC and washing machine through a door to the Utility room, and this leads out onto the deck through a double glazed door.

### **Dining Room & Lounge**

A wide doorway from the hallway leads into the living areas; a magnetic doorstop keeps the door open for ease of access. The whole room is open plan and has laminated wood flooring.

All light switches are at an accessible height and have dimmer switches.

There is a 40" HDTV with Freeview and Netflix to allow you to catch up with TV Series & Movies that you've missed!

A large 3 seater sofa is positioned in front of the extra wide patio doors to take advantage of the spectacular views of the sea and coastline, together with two comfortable armchairs and an electric Riser Recliner Chair.

An Electric heater sits on the wall under the glass roof for extra heating during the winter months. A nest of tables provides somewhere to rest your cuppa!

The large oak dining table comfortably seats six and has six high back dining chairs. Crockery is stored on an adjacent bookcase for ease of access.

A second set of patio doors gives extra access to the large decked area and the garden with lovely sea views.

### **Self-Catering Kitchen**

The fitted kitchen includes a dishwasher, large fridge freezer, sink with lever taps, microwave, cooker and hob with extractor hood.

There is a larder cupboard at one end providing easily accessed food storage to a wheelchair user; there are also drawers and cupboards for storage at an easily accessible.

The kitchen is fully equipped with kettle, toaster etc and with crockery, cutlery and glassware for up to six people. There is an adjustable tray table that can be moved around for your convenience. This may be used as a handy work surface in the kitchen for a wheelchair user. There is an Electric heater on the wall under the picture window and another on the wall near the bathroom for use in cold weather.

### **Laundry**

There is a front loading washing machine in the utility area and a washing line in the garden. There is also an indoor folding drying rail.

### **Outdoor Facilities**

The large decked area is accessed from the utility/WC area through a single door, the dining area through a sliding patio door and through the large sliding patio door from the lounge area. The deck is large and flat with no steps and there is a lovely view of the sea and the coastline from here. There is a garden area sloping away from the deck comprising of a lawned area with shrubs planted along the border. There is a central birdbath surrounded by heathers. The garden furniture comprises a large picnic table with umbrella and wheelchair access. There is also a bistro table with 2 chairs plus two sun loungers, and a charcoal BBQ. There is an external light so that you can sit out at night and enjoy the wonderful sea air. Caution should always be used when on the deck as it can be slippery at any time of year!

### **Bedrooms**

Bedroom 1 is a double room with a King Size bed in oak. The mattress protector is anti-allergy as are all the pillows.

The floor is carpeted with a sand coloured carpet. In the bedroom there is room for a wheelchair to access both sides of the bed. An electric hoist can be supplied on request for an extra charge.

The wardrobe has one mirrored door and inside the clothes rail is at a lower height than normal to accommodate a wheelchair user. The wardrobe also has two pull out wire drawers for storage and a shelf above the hanging rail.

The light switch is at a low height and there is a pull cord to switch off the central light from bed. There are two bedside lights on the bedside tables at either side of the bed. They are touch controlled and dimmable.

There is a rounded shelf in the corner with a 32" HDTV with Freeview and Netflix.

Bedroom 2 is a twin. The floor is carpeted with a sand coloured carpet. There is room for a wheelchair to access both of the beds.

One of the single beds is Oak and has a trundle bed stored underneath. This provides an extra bed if required. It can be used either at floor level or elevated using its built in legs. Its on wheels and can be moved to the other bedroom or the lounge as well if required.

The Other single bed is an Electric Care Bed with Cot sides. It makes a perfectly fine ordinary bed for an able bodied person too. It has a monkey pole if needed.

The wardrobe has one mirrored door and inside the clothes rail is at a lower height than normal to accommodate a wheelchair user. The wardrobe also has two pull out wire drawers for storage and a shelf above the hanging rail.

The mattress protectors are anti-allergy as are all the pillows.

There is an adjustable bed tray/table that can be moved from one room to another for your convenience e.g. reading or breakfast in bed?

The light switch is at a low height and there is a pull cord to switch off the central light from bed. There are two dimmable bedside lights on the bedside table situated between the beds.

The bedside table has four drawers for storage. There is a tall chest of drawers for storage near the window. The Radio/CD player or the smaller TV can be placed here at your own risk.

There is a modern portable heater with timer & thermostat in each bedroom for colder nights.

### **Bathroom & Shower-room**

The bathroom has a wide sliding door for easy access.

The wet room has a special non-slip floor and is completely accessible for wheelchair users.

The shower in the corner has an optional shower chair on wheels if required.

The power shower unit is accessible at wheelchair height. The shower curtain can be pulled across for privacy if required. There are grab rails on the shower wall for extra security

There is a panic button grab cord on the ceiling between the shower and the toilet in case needed.

There is a heated towel rail on the wall between the shower and the WC

There is a shower mixer on the full sized bath. There are two wash basins – one at wheelchair height and one at a higher level for those who have difficulty bending. Both basins have lever taps for ease of use. There is an adjustable height wet seat if you want to sit in front of the wash basin.

There is a fan heater on the wall above the sinks. All pull cords are at an accessible height for wheelchair users There are two grab rails beside the raised WC and also a portable frame for support that can be used on either WC. There is also a pull down

grab rail on the other side of the toilet. Both toilets are higher than usual to allow for easier wheelchair transfer.

### **Additional Information**

The premises are non Smoking but smoking is allowed in the garden.

Guide dogs are most welcome; sorry, no other pets.

There is good reception for mobile phones inside and outside the property.

The property is fitted with a mains wired smoke alarm and a fire extinguisher & fire blanket

There is an electric Hoist at the property available for hire by prior arrangement. Use of these items is entirely at your own risk. Other items can be hired & delivered locally for an additional charge payable directly to the supplier.

Dolphins are often seen in the bay around Aberporth!

<http://www.visitwales.com/explore/wildlife-fauna/dolphin-spotting-locations>

We request that you vacate the property by 11a.m. on your departure day even though you won't want to leave!!

We hope you enjoy your stay at Safe Haven and that you will come back to see us again. If you have a good time, please tell all your friends and family. Thank you.